
For more than three thousand years the I Ching has been the most important book of divination in the world. Revered by the Chinese as the Classic of Classics and consulted as a source of ancient wisdom, it has been embraced by the West in the last fifty years but has always been translated by Westerners who brought their own cultural biases to the work, distorting of misunderstanding its true meaning.

In The Complete I Ching Master Alfred Huang has restored the true essence of the I Ching by emphasizing the unity of Heaven and humanity and the Tao of Change, and, even more important, by including translations of the Ten Wings, the commentaries by Confucius, that is essential to the I Ching’s insights. Previous English translations have either given these commentaries a minor place in the book or have left them out altogether. But the Chinese say that the I Ching needs the Ten Wings to fly. Restored to their central place in the book by Master Huang, the I Ching at last flies in English.

Other features of this translation are a new emphasis on the intricate web of interrelations among the names and sequence of the sixty-four hexagrams, the preservation of the original poetic style, the introduction of several new methods of divination, and special information of the historical events out of which the I Ching was born.


A book that has been translated more often than any other except the Bible, the Tao Te Ching has been a spiritual guide for centuries, helping millions of people seeking the path to peace within themselves, with each other, and with the natural world around them. The Tao of Inner Peace adapts the ancient principles of Tao to today’s world by showing us how to integrate the many facets of our everyday lives to create balanced, dynamic, harmonious whole.

Written in an easy-to-apply workbook style, complete with exercises, questionnaires, journal-keeping techniques, and affirmations, The Tao of Inner Peace demystifies the Tao ad reveals how it can be a powerful source of growth and inspiration – and an indispensable tool for facing the challenges of the new century,
including incorporate greater joy, fulfilment, and creativity into your daily life, find your centre, heal the body and spirit, build self-acceptance and self-esteem, face your fears, resolve conflict, understand life as a larger process of changes and challenges, rediscover your connection to the environment, develop faith in the cycles of the natural world and more.


From the writing of the seminal Daode Jing to 21st century T’ai Chi, martial arts, and meditation, Daoism: A Beginner’s Guide spans the centuries and crosses the globe to provide an engaging insight into this ancient religious and philosophical system.

Placing a clear emphasis on Daoism as a living, changing culture, Miller focuses on the principal themes in Daoist thought in order to explain how Daoism in reinvented by each new generation. Complete with a timeline of key events and a helpful glossary, this sympathetic introduction will prove invaluable to both students and general readers who wish to learn more not only about the origins and nature of a profound tradition, but also about its role and relevance in our modern world.

Translated by Martin Palmer with Elizabeth Breuilly, Chang Wai Ming and Jay Ramsay, The Book of Chuang Tzu, 2006, Penguin Group

One of the great founders of Taoism, Chuang Tzu lived in the fourth century BC and is one of the most intriguing and entertaining of Chinese philosophers. He was firmly opposed to Confucian values of order, control and hierarchy, believing the perfect state to be where primal innate nature rules. The Book of Chuang Tzu perceives the Tao - the Way of Nature – not as a term to be explained but as a path to walk; a journey towards the edge or reality, and beyond to the world of nature. Radical and subversive, employing wit, humour and shock tactics, The Book of Chuang Tzu is concerned not with government but with life and the growth of the individual spirit.

Martin Palmer’s lyrical translation conveys the passion and tone of Chuang Tzu’s writing, while his introduction places Chuang Tzu’s ideas and terminology in context, and discusses his key themes. This edition also includes an index.
Ellen M. Chen, The Tao Te Ching: A New Translation with Commentary, 1999, Paragon House

*The Tao Te Ching: A New Translation with Commentary* is a thoroughly contemporary study of a classical book, one which is perhaps humanity’s earliest extant religious text. Professor Ellen Chen’s new translation and commentary on the *Tao Te Jing* is the first to treat this sacred and influential collection of writings as religious philosophy, having as its central message the value of *peace*.

This new translation of the *Tao Te Jing* is valuable and unique in that it interprets the writings from internal texture evidence and portrays the text as coherent, self-consistent, organic whole; it situates the *Tao Te Jing* in the context of ancient Chinese thought and religions, as well as places it in dialogue with traditional Western philosophies. It also critically incorporates the best insights of important past commentaries on the text. In addition, Chen’s well-documented translation is a sensitive and accurate one, which attempts to supply consistent English equivalents for often-used key phrases in the Chinese.

*The Tao Te Ching: A New Translation with Commentary* probes the intricate history of the *Tao Te Jing*, as well as of Lao Tzu – who is traditionally believed to be its author. In her introduction, Professor Chen considers fascinating evidence for the authorship and dating of the text, places the work in a social and historical context. Professor Chen makes it clear that this book, whose profound comprehension of mankind’s place in the natural universe is of supreme value in this day of nuclear peril, is essential in establishing a consciousness of reconciliation among all creatures of our planet. *The Tao Te Ching: A New Translation with Commentary* is a refreshing and challenging discussion of the classic *Tao Te Jing*, a work whose vision of peace is the tantamount expression of our times and, in Ellen Chen’s superbly rendered translation, a vision that must surely emerge an endure.


This tale of adventure interweaves history and legend to vibrantly present the fundamentals of Taoism. Written by an unknown author, seven Taoist master is the story of six men and one women who overcome tremendous hardships on the journey to self-mastery These characters and their teacher, Wang Ch’ung – yang, are all historical figures who lived in the Southern Sung (1127-1279) and Yuan (1271-1368) dynasties. And Wang is regarded as the greatest patriarch of the complete Reality school, a
branch of Taoism that has a strong affinity with Zen Buddhism. This novel brings to life the essentials of Taoist philosophy and practice, both through Wang's instructions—on such topics as the four obstacles of anger, greed, lust, and drunkenness—and through the characters' entertaining experiences.

Solala Towler, Tales from the Tao: The Wisdom of the Taoist Master, 2007, Duncan Baird Publishers

This unique collection brings together the most inspiring, illuminating and downright funny stories from the classical works of Taoist masters, alongside new writing inspired by traditional tales. Set against a backdrop of the most basic human experiences—including birth, death, loss, pleasure, and how to surrender to the most fundamental experience of the tao itself.

Interwoven with classic Taoist quotations and illustrated with beautiful photography throughout, these engrossing narratives are as relevant today as they were in the great dynasties of ancient China.